

GCDF Workshop In Schools Package 2010

Janet Johnson & Catrina von Radecki GCDF Co-Artistic Directors

Available Dates: Dates can be arranged throughout the year.

Guelph Contemporary Dance Festival Co-Founders and Co-Artistic Directors and Founders of the Guelph Youth Dance training program, Janet Johnson and Catrina von Radecki, are available to come into your school anytime throughout the year. Visit www.guelphyouthdance.ca for more information. Both classes are accompanied by live percussion.



Workshop Descriptions:

1. Modern Dance Technique (Janet Johnson)

Modern classes will be rooted in a classical ballet vocabulary with a strong emphasis on torso articulation & expression. These classes will encourage alignment, form, coordination, musicality, strength, rhythm & kinetic intelligence.

2. Creative Movement (Catrina von Radecki)

Children will explore improvisation and choreography. Experimental and process-oriented, the class environment will encourage students to be physical and creative while working cooperatively in a supportive group. Students will have the opportunity to work on a short dance piece that they will then perform for their classmates.

About the Janet Johnson

After graduating from York University's Dance Program, Janet Johnson spent six years in Toronto. While there she co-founded the eclectic company, Pedestrian Waltz Dance Project, whose work was performed on rooftops, art galleries, sidewalks as well as at the Canada Dance Festival, "Dancing on the Edge" Festival and in DanceWorks' Mainstage series. Since 1995 Janet has been living in the Guelph area where she actively pursues outreach dance efforts through teaching. Janet has been a resident modern dance teacher in Guelph, McMaster University's Centre for Dance, University of Waterloo and is a frequent recipient of the Ontario Arts Council's Arts in Education Grant, an artist for the Edward Johnson Music Foundation as well as a guest teacher throughout the region. Since 1998 Janet has been co-founder and co-artistic director of the successful Guelph Contemporary Dance Festival and co-founded the GYDTP in 2006.

About Catrina von Radecki

Catrina has studied and taught at the innovative European Dance Development Centre in Arnhem Holland and Düsseldorf, Germany as well as independently in Montreal, Kitchener, Waterloo and Guelph. She has danced for the international renowned Compagnie Marie

GCDF Workshop In Schools Package 2010

Chouinard (Montreal), Dance Alliance (Germany) and various independent choreographers (Montreal, Guelph). Catrina has been creating her own work since 1992 when she graduated from Concordia University's dance department (Montreal) and in 1996 formed Foreign Feet Dance Theatre Company with actress, writer Wendy Agnew. Catrina is the Co-Founder/Artistic Director and General Manager of the Guelph Contemporary Dance Festival, which has brought dance to thousands of young people in the past ten year and is the co-founder of the GYDTP.