

**guelph**  
contemporary **dancefestival**

**Workshops-In-Schools**  
Winter/Spring 2012

Welcome to the Guelph Contemporary Dance Festival's tenth year programming dance performances and workshops for children and youth from **Kindergarten** to **Grade 12!**

### ***What does Workshop-In-Schools offer?***

The GCDF offers **diverse, innovative** and **curriculum-based** programming with an impressive history of bringing dance to **over 18,000 students** in the last nine years. The GCDF has a broad knowledge of dance artists from the region and across Canada.

**Around the Festival dates (May 31 – June 3, 2012)** we can provide workshops with Guelph Contemporary Dance Festival artists. This year's workshops and artists include:

- *Performing: Beyond Technique* with Vancouver choreographer **Paras Terezakis**
- *Dancing Science* with Vancouver dance company **LINK Dance**
- *Elevation* with Toronto choreographer **Allen Kaeja**

**Throughout the year** we can provide workshops with local dance artist **Tanya Williams** or with the Co-Artistic Directors of the Guelph Contemporary Dance Festival, **Janet Johnson** and **Catrina von Radecki**.

- *Creating Dance-Theatre from Everyday Movements* with **Tanya Williams**
- *Creating Dance-Theatre from Stories and Gesture* with **Tanya Williams**
- *Creative Movement* with **Catrina von Radecki**
- *Contemporary Dance Technique* with **Janet Johnson**

Please refer to pages 2-6 for booking dates, workshop description and instructor biography.

### ***How much does it cost?***

Your school can book either a full day or a half-day of workshops:

<b>Full Day</b> (Includes four to six workshops)	<b>\$400</b>
<b>Half Day</b> (Includes two one-hour workshops)	<b>\$200</b>

There is a maximum of 40 students allowable per workshop (smaller class sizes are preferred).

### ***Are there any technical requirements?***

We require access to a gym with sound equipment and volunteer and/or teacher assistance.

### ***How do I book workshops for my school?***

For more information or to book workshops for your school, please contact **Catrina von Radecki** at **519-780-2220** or **gcdf@bellnet.ca**.

**Workshops book quickly, so don't miss out!**

**Paras Terezakis**  
Choreographer/Artistic Director  
KINESIS DANCE *somatheatro*  
Vancouver

### **Available Dates & Times**

June 4-6, 2012 | Flexible times

### **Workshop Description**

#### ***Performing: Beyond Technique***

*Exploring physical expression towards more effective and complete communication.*

Effective communication is a pleasure, a privilege and a responsibility. We communicate all the time, with the conscious and unconscious mind, with the body, the voice, and with the soul. This workshop explores communication as a journey and a destination, and will leave participants with the tools and the freedom to communicate (and listen) more effectively through the media of dance, movement, voice, and improvisation.

In this hands-on, experiential workshop, participants will tell a story – through movement and sound – that they have agreed upon as a group, experiencing freedom from restraints and self-consciousness, and discovering and practicing new ways to communicate using the whole person. Although it is important for performers to continually improve their technique, this workshop goes beyond the technical aspect of performing.

Workshop includes technical warm-up, voice & breath exercises, improvisation exercises and creation of choreographed group piece.

### **About Paras Terezakis**



Paras Terezakis began his professional training in his native Greece in ballet and theatre studies. Upon moving to Canada he studied at York University, Toronto Dance Theatre and Simon Fraser University and Pavlychenko Studios. In 1986 he created Kinesis Dance where he has created and over 40 works including 11 full length pieces. Kinesis Dance somatheatro has performed in Canada, The United States, Greece, Croatia, Turkey, Montenegro, Germany, Venezuela, Brazil, Ecuador, Romania, Belgium and most recently Poland, and Italy. Terezakis' work has been the subject of three Bravo Fact Films for television. He is passionate about contemporary dance awareness and education and frequently conducts Dance Out Loud workshops, open rehearsals and studio presentations as part of KDS' focus on outreach, community engagement and audience development.

**LINK Dance**  
Vancouver

**Available Dates & Times**

May 29 - June 1, 2012 | Flexible times

**Workshop Description**

*Dancing Science*

Dancing Science is a full-day workshop for students and their teachers. The goal is to expand students' interest in the natural sciences by using physicality and creativity to delve deeper into the mind of science. The focus is on intuition, imagination and curiosity as core attributes of a scientist, using dance as a vehicle for imparting this message. *Dancing Science* is a program of LINK Dance that will accompany *Experiments* during its visit to the Guelph Contemporary Dance Festival.



*Experiments*. Photo by Peter Eastwood.

**About LINK Dance**

Yukon born and Vancouver based, LINK Dance specializes in creating cross-disciplinary performance both for stage and site-specific locations. Since 2001, collaborations with scientists, restorative justice advocates, legal scholars, locative media, and the public (through the critically-acclaimed Breakfast Dance) all have influenced the creativity of this company. LINK's mission is to inspire social movement through physical motion, a concept that evolved over ten years of probing ways to engage audiences more fully into the sophisticated language of movement. LINK Dance tours in Canada, the US and Europe due to its trademark style of creating socially-relevant dance, inspired by dialogue.

**Allen Kaeja**  
Choreographer/Artistic Director  
Kaeja d'Dance  
Toronto

**Available Dates & Times**

May 21, 2012 | Flexible times  
May 28, 2012 | Flexible times

**Workshop Description**

*Elevation*

This series of classes will focus on the technique and aesthetic of Kaeja Elevations with Contact Improvisation as the foundation of the warm-ups. The skills to be developed include: learning up to five Elevation techniques; articulate and sophisticated response to the point of contact, multi-level movement, escalating the opportunities for momentum through anchoring, flying, gravity and breath, accentuate the elements of Elevation techniques, lofting through propulsion, weight transfer, and 'dancing the impulse with your partner', to be comfortable in and out of contact, composition and performance presence.

**About Allen Kaeja**

Allen Kaeja is an internationally recognized and award winning choreographer and filmmaker. Invited in 1981 by the Ontario Olympic Wrestling Federation, to compete for "the team", he chose dance instead as his career and has created over 100 stage works, written two books and directed/choreographed for 26 films. He is Co-Artistic Director of Kaeja d'Dance with his wife Karen Kaeja and is co-founder of the CanAsian International Dance Festival. Allen has received commissions in 12 countries, teaches master workshops in Kaeja Elevations worldwide and his dances have been presented in festivals around the globe. [www.kaeja.org](http://www.kaeja.org)



Photo by Cylla von Teidemann

## **Tanya Williams**

### **Available Dates & Times**

Dates & times can be arranged throughout the year.

### **Instructor**

Tanya Williams

### **Workshop Descriptions**

#### *Creating Dance-Theatre from Everyday Movements*

Let's face it. The world really has become a stage. Anyone can broadcast themselves all over the planet. We watch each other, living room to living room. Why not see our everyday movements as an ongoing performance? Using improvisation, in this workshop we will look at our everyday movements and gestures, magnifying them, playing with them, and turning them into dance-theatre.



#### *Creating Dance-Theatre from Stories and Gesture*

Discover the power of how simple movements can speak volumes. In this workshop we will begin with transforming our stories into gesture. We will then magnify and play with these gestures, creating dance-theatre that sparks the imagination and stories of others.

### **About Tanya Williams**

Tanya Williams is a context artist with a passion for dancing with systems... in community, on the land, in the body. She has been creating dance and theatre for 19 years, including Forum, Playback, site-specific, environmental, and physical theatre, clown, mask and puppetry, Contact Improvisation and contemporary dance forms, drawing on Dynamic Structural Integration bodywork and Alexander Technique movement education. [www.tanyawilliams.ca](http://www.tanyawilliams.ca)

**Catrina von Radecki & Janet Johnson**  
Co-Artistic Directors  
Guelph Contemporary Dance Festival

**Available Dates & Times**

Dates & times can be arranged throughout the year.

**Workshop Descriptions**

***Creative Movement (Catrina)***

Children will explore improvisation and choreography.

Experimental and process-oriented, the class environment will encourage students to be physical and creative while working cooperatively in a supportive group. Students will have the opportunity to work on a short dance piece that they will then perform for their classmates. Accompanied by live percussion.

***Modern Dance Technique (Janet)***

Modern classes will be rooted in a classical ballet vocabulary with a strong emphasis on torso articulation & expression. These classes will encourage alignment, form, coordination, musicality, strength, rhythm & kinetic intelligence. Accompanied by live percussion.

**About Catrina von Radecki**

Catrina has studied and taught at the innovative European Dance Development Centre in Arnhem Holland and Düsseldorf, Germany as well as independently in Montreal, Kitchener, Waterloo and Guelph. She has danced for the international renowned Compagnie Marie Chouinard (Montreal), Dance Alliance (Germany) and various independent choreographers (Montreal, Guelph). Catrina has been creating her own work since 1992 when she graduated from Concordia University's dance department (Montreal) and in 1996 formed Foreign Feet Dance Theatre Company with actress, writer Wendy Agnew. Catrina is the Co-Founder/Artistic Director of the GCDF, which has brought dance to thousands of young people in the past thirteen years and is the co-founder of the Guelph Youth Dance Training Program.

**About Janet Johnson**

After graduating from York University's Dance Program, Janet Johnson spent six years in Toronto. While there she co-founded the eclectic company, Pedestrian Waltz Dance Project, whose work was performed on rooftops, art galleries, sidewalks as well as at the Canada Dance Festival, "Dancing on the Edge" Festival and in DanceWorks' Mainstage series. Since 1995 Janet has been living in the Guelph area where she actively pursues outreach dance efforts through teaching. Janet has been a resident modern dance teacher in Guelph, McMaster University's Centre for Dance, University of Waterloo and is a frequent recipient of the Ontario Arts Council's Arts in Education Grant, an artist for the Edward Johnson Music Foundation as well as a guest teacher throughout the region. Since 1998 Janet has been co-founder and co-artistic director of the successful GCDF and co-founded the Guelph Youth Dance Training Program.



*Janet Johnson & Catrina von Radecki*